

INSPIRE TO ASPIRE
LOOKING
BEYOND THE OBVIOUS

WELCOME

Make today so
AWESOME
that yesterday gets
jealous



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BUSINESS LEADER'S STRESS

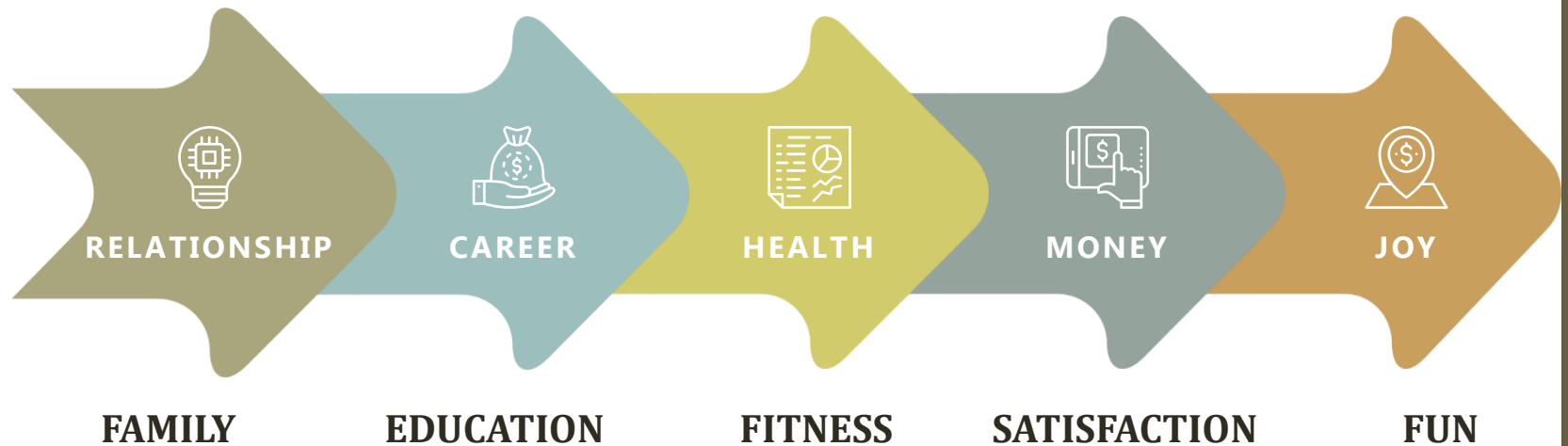


- BUSINESS LEADERS LOOSE TRACK OF THEIR DREAMS, VALUES, STRENGTHS AND ASPIRATIONS IN ORDER TO ACHIEVE MATERIAL SUCCESSES. THE THINKING GETS COLOURED DUE TO EXPERIENCES, EXPECTATIONS OF OTHERS AND PERCEPTION OF WHAT OTHERS THINK .
- BUSINESS LEADERS ARE RACING TO GET AHEAD OF OTHERS. THEY EAT FAST, WORK FAST AND ARE RELUCTANT TO SLOW DOWN FOR ANYTHING.
- LEADERS HAVE TO COPE WITH HIGH LEVELS OF UNCERTAINTY, VOLATILITY, AND BLINDLY RAPID CHANGE AND -----
----HENCE BURN OUT



**“The chokehold on the growth of any business is the psychology of the leader.”
- TONY ROBBINS**

PERSONAL STRESS



ADDICTIONS



COMPARISON

**RUSHED GOALS
DISSATISFACTION**



PROCRASTINATION

SUCCESS DELAY



DISTRACTION

LOSING TRACK



COMFORT

**LIMITING
OPPORTUNITIES**



COMPLAIN

**NOT SATISFIED
LIFE**



BUSINESS CHALLENGES



SELF

- 1) CRITICAL THINKING
- 2) DECISION MAKING
- 3) EFFECTIVE COMMUNICATION.

TEAM

- 1) TRUST
- 2) MOTIVATION
- 3) PROBLEM SOLVING

BUSINESS

- 1) PROFITABILITY
- 2) PRODUCTIVITY
- 3) CUSTOMER SATISFACTION.



SELF

CONFIDENCE
CLARITY

TEAM

LOYALTY
INTEGRITY

BUSINESS

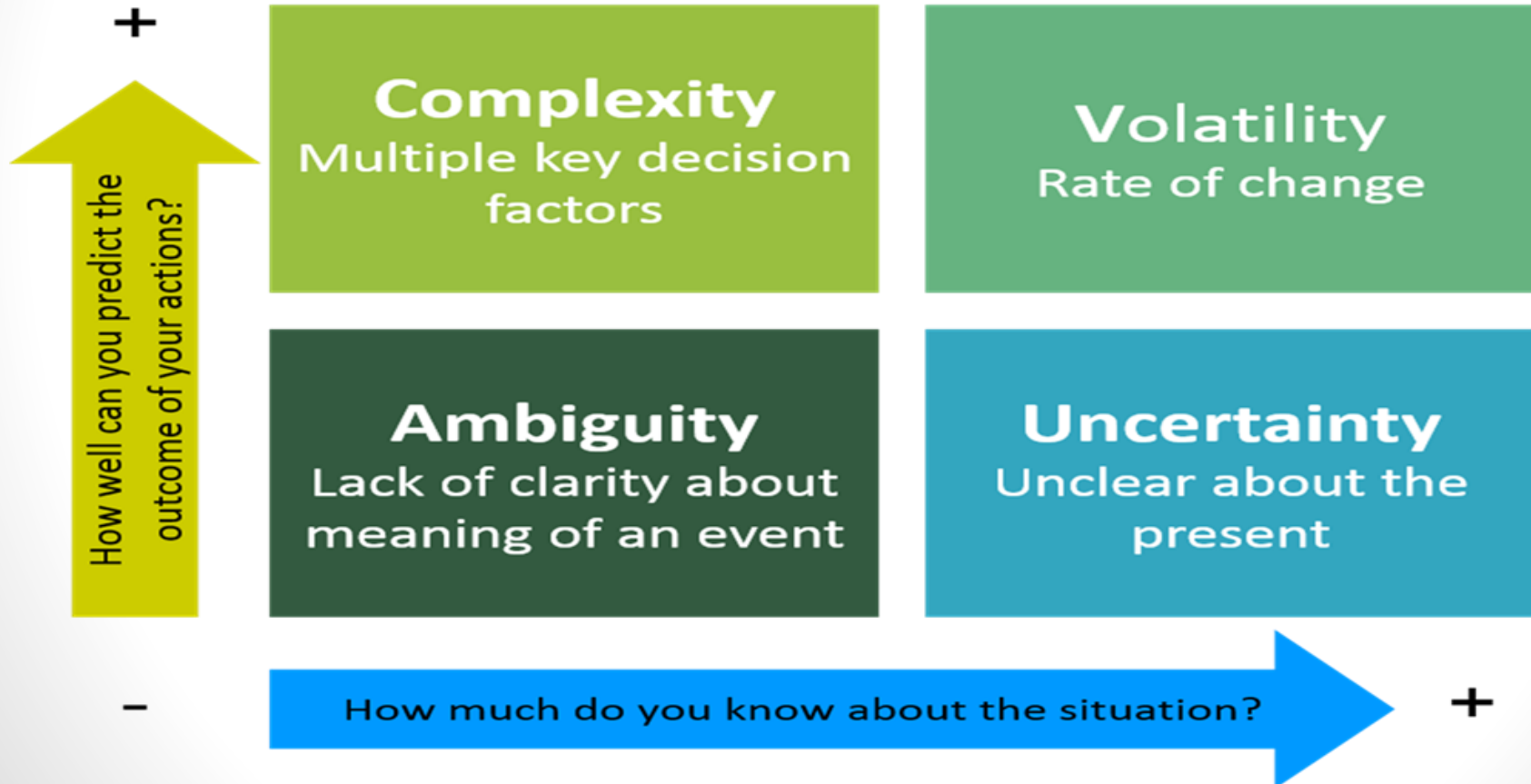
POLICY
BUSINESS RISK
VALUES

COACHING + MOTIVATION (RIGHT ATTITUDE) + MOMENTUM (ENERGY) + TIME
= HAPPY & SUCCESSFUL LIFE

VUCA WORLD



VUCA



PERSONAL CHALLENGES

LIFE

- A) CAREER
- B) MONEY
- C) HEALTH
- D) FAMILY & FRIENDS
- E)
FUN,LEISURE,ENJOYMENT
- F) PERSONAL GROWTH &
LEARNINGS
- G) ASSETS
HOME,CAR,FARMHOUSE
- H) DONATIONS,SPIRITUAL
LEVEL

PERSONAL ISSUES

- A) RELATIONSHIP
- B) COMMUNICATION
- C) STRESS
- D) DEPRESION
- E) PROCRASTINATION
- F) COMPARISON
- G) HAPPINESS



PROFESSIONAL CHALLENGES

LEADERSHIP

- A) PLANNING
- B) BUDGETING
- C) STABILITY
- D) **ALIGNING PEOPLE**
- E) CONTROLLING &
PROBLEM SOLVING
- F) **DECISION MAKING**
- G) MOTIVATING &
INSPIRING
- H) ORGANISING &
STAFFING
- I) **RISK TAKING**

WORK MANAGEMENT

- A) **TEAM BUILDING**
- B) COMMUNICATION
- C) **TIME MANAGEMENT**
- D) DOCUMENTATION
- E) **RELATIONSHIP**
- F) COMPARISON
- G) **JOB SATISFACTION**
- H) CONFLICT
RESOLUTION
- I) **COMPROMISING
VALUES**



BUSINESS LEADER'S DILEMMA



**Feasibility/
policies/
Turnover stuck
up**

**Unable to
decide Priority/
Family Pressure**

**No
Accountability/
Strategic
Partner/Mentor/
Coach**

**No Time/
Procrastination**

**INNOVATIVE
SOLUTION
NEEDED**



COACH/MENTOR

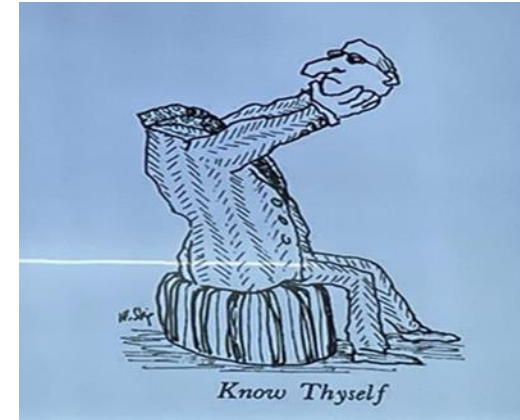


- **DO YOU EVER FEEL LIKE**
 - **YOU'RE WORKING HARDER AND HARDER, BUT NOT MAKING THE PROGRESS YOU WANT IN YOUR BUSINESS? TURN OVER STUCK UP BUT FIXED COST SHOOTS UP?**
 - ***ARE YOU CONSTANTLY STRESSED AND FEELING FRUSTRATED BY THE DAY-TO-DAY TASKS?***
 - **YOUR INBOX IS OVERFLOWING WITH WEEK/MONTH-OLD MESSAGES WHICH YOU HAVE NOT REPLIED AND NEW ONES ARE PILING UP DAILY.**
 - **YOUR DAYS ARE SPENT IN FIRE FIGHTING OR YOU SEEM TO AVOID YOUR TEAM AND VENDORS.**
 - **DO YOU THINK YOU ARE THE *OPERATOR OF YOUR BUSINESS – NOT THE OWNER.***
 - ***IT'S TIME TO MAKE A CHANGE –YOU CAN'T CLONE YOURSELF (EVEN IF YOU WISH TO) AND THERE ARE NOT MORE HOURS IN THE DAY TO WORK.***
 - **THEN YOU NEED A COACH /MENTOR**

COACH



- **IMAGINE HAVING SUPPORT OF SOMEONE**
- **WHO CHAMPIONS YOUR SUCCESS AS MUCH AS YOU DO**
- **WHO IS NOT YOUR COMPETITOR**
- WHO ENCOURAGE YOU TO TAP INTO YOUR OWN RESOURCES TO FIND SOLUTIONS YOU DIDN'T KNOW YOU HAD
- ***WHO WILL CHALLENGE YOU TO EXPAND YOUR HORIZONS TO SEE THINGS FROM DIFFERENT PERSPECTIVE & VIEWPOINTS***
- **A COACH IS THIS SOMEONE WHO IS NEUTRAL, NON JUDGEMENTAL,**



COACH/MENTOR

- **GLAD TO OFFER MY SERVICES TO BE YOUR PREFERRED COACH/MENTOR**
- **BENEFITS OF HAVING COACH**
- **CLARIFYING YOUR GOALS**
- **ACCOUNTABILITY**
- **PERSONAL DEVELOPMENT**
- **WORK LIFE BALANCE**
- **INCREASED CONFIDENCE**
- **ENHANCED DECISION MAKING**
- **LEARN TO BE**
PURPOSE FOCUSED , PROCESS DRIVEN
PEOPLE POWERED , PROFIT ENSURED
WORK WITH BRAIN, MANAGE WITH MIND
LEAD FROM HEART
- **EXPLORE SYSTEMATICALLY**
PURPOSE , PASSION , PERSEVERANCE
- **UNDERSTAND CONSCIOUSNESS= KNOWLEDGE + UNDERSTANDING + AWARENESS**
- **RESPONSIBILITY = RESPONSE + ABILITY**



- Coaching is the universal language of Change and Learning – CNN
- I absolutely believe that people unless coached, never reach their maximum capabilities -Bob Nardelli, CEO, Home Depot
- The best business advice I ever got was to get a Coach - Eric Schmidt, Chairman, Google
- Everyone needs a Coach -Bill Gates, Microsoft

BENEFITS OF EXECUTIVE COACHING

- **COACHING BRINGS VERY EFFECTIVE RESULTS TO INDIVIDUAL AS WELL AS ORGANISATION LIKE**

- **TEAM BUILDING**
- **TIME MANAGEMENT**
- **IMPROVED PERFORMANCE**
- **OPTIMUM UTILIZATION OF SKILL & RESOURCES**
- **STAFF MOTIVATION**
- **ALIGNMENT TO VISION & MISSION**
- **TRANSFORMATION**



THANK YOU

PLEASE CALL/WA TO BOOK COACHING SESSION

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Mission – To help 100000 people Transform to Happiness, Success & Emotional well being using Coaching with specific Tools & Techniques.

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